

Health History Questioner

Patient Name: _____

1. Please list all current medications or supplements you are taking for either physical or emotional difficulties:

2. Allergy (Medications): _____

3. Current Medical/Emotional Conditions: (Please check all that apply.)

| | | |
|---------------------|---------------------------|-------------------------------|
| Anxiety | Epilepsy/Seizure Disorder | Skin Problems |
| Allergies | Frequent Constipation | Sexually Transmitted Diseases |
| Asthma | Frequent Headaches | Vision Problems |
| Arthritis | Fatigue | Weight Loss |
| Back Trouble | Hay Fever | Smoker/ Amount per Day |
| High Blood Pressure | Heart Problems | |
| Cancer | Hearing Problems | Other _____ |
| Chronic Pain | Irritable Bowels | |
| Depression | Sleep Disturbances | |
| Diabetes | Stomach Problems | |

Is there any family history of the above conditions? Yes - No (If Yes, please explain)

4. Name of Medical Doctor: _____ Last Physical Exam: _____

Are you currently being treated? Yes - No Problem:

Date Last Seen:

5. Have you ever previously been seen for outpatient therapy? (Please list previous therapists and reason seen.)

Have you been previously hospitalized for emotional difficulties? (Please list hospitals and approximate dates.)

Have you previously been treated for chemical dependency? (Please list facilities and approximate dates.)

6. Do any family members have chemical dependency, alcoholism or emotional problems?

7. Do you use alcohol/drugs, tobacco, laxatives or caffeine? List type and amounts per day:

8. Are you having problems in your sexual relationship? If so, describe: